Cosmic rays — different species across the spectrum

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Cosmic ray facts

- no rays, but high energy particles $(p, e^+, e^-, \alpha \dots)$
- Iow-E CRs (Padovani+2020)
 Large cross section with gas, strong losses
 heating of dense star forming regions
- **GeV CRs** (Ferriere 2001, Ruszkowski & Pfrommer 2023) Most of energy (weak losses) **Dynamically relevant** via pressure: similar E-densities: $e_{\rm cr} \sim e_{\rm kin} \sim e_{\rm therm} \sim e_{\rm mag}$
- high-E CRs (Kotera&Olinto 2011) Low integrated energy galactic ($E \leq 10^{15} \,\mathrm{eV}$, SNe), "knee" extragalactic ($E \gtrsim 10^{15} \,\mathrm{eV}$, AGN) important as observational diagnostics



Different setups, similar conclusion





Hanasz+ 2003, Girichidis+ 2016,2018, Simpson+ 2016, Dubois+ 2016, Farber+ 2018, Armillotta+ 18,21,23 *Commercon*+ 2019, *Butsky*+ 2020, Rathjen+ 2021,2022, Armillotta+ 2024,2025, Sike+ 2024

Booth+ 2013, Ruszkowski+ 2017a, *Pakmor*+ 2016, *Pfrommer*+ 2017, Jacob+ 2018, Dashyan+ 2020, Semenov+ 2021, Girichidis+ 2022/24, Thomas+ 2021,2023, Farcy+ 2022, Nunez-Castineyra+ 2022, Peschken+ 2023, Kjellgren+ 2025

CRs are good candidate to drive outflows / alter CGM! Details are complicated...

isolated galaxies

cosmological galaxies



Jubelgas+ 2008, Salem+ 2014, Chan+ 2018, Hopkins+ 2020/2021/2022, Buck+2020, Ji+2020, Böss+ 2023, Rodriguez Montero+ 2024, Ramesh+ 2025



Current CR construction sites Where are the main uncertainties

CR transport

- diffusion + streaming
- energy transfer $B \leftrightarrow CR \leftrightarrow gas$

Mateusz Ruszkowski Lucia Armillotta **Timon Thomas**

> **Brandon Sike** Karin Kjellgren

- theory: pen&paper, 70s
- bottom-up plasma physics models (PIC)

e.g. Holcomb+2019, Shalaby et al. 2021/2023, Lemmerz et al. 2024

spectrally resolved CRs

- cover full E-range
- E-dependent cooling, transport
- live spectrum (t, \mathbf{X})
- precise connection to observations - gamma rays

 - radio synchrotron



Nimatou Seydi Diallo **Daniel Karner**

different species

- include
 - electrons
 - secondaries
 - unstable isotopes
- introduce CR clocks
- detailed comparison to Milky-Way

Allison Matthews Ralf-Jürgen Dettmar



Grey approximation assume universal spectrum

- total energy, dominated by GeV protons
- effective cooling+transport at GeV



Full spectrum temporally evolving spectrum

Skilling 1971, 1975a,b,c



 transport, losses, sources: function p simple diffusion: $D(p) \propto p^{0.5}$



Low energy CRs - CR ionisation



Cusack+ 2025



review by Padovani+ 2020



- CR ionisation rate: $10^{-18} 10^{-14} \text{ s}^{-1}$
- low-E CR set temperature floor
- Impact on fragmentation and star formation e.g. Brugaletta+PG+ 2025

Spectral CR in galaxies

- high energy CR escape faster
- no universal / steady state spectrum



 $\log CR$ energy density (eV cm⁻³)



Advection vs. diffusion

- dwarfs: shallow potential, strong outflows dominated by advection
- Milky Way: deep potential, weak outflows dominated by diffusion

dwarf galaxy

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S

 10^{-10}

 10^{-10}

 $(\rm km \ s^{-1})$

 v_z

(g cm⁻

100

50

0

-50

-100

 10^{-28}

 10^{1}

 10°

Girichidis et al. 2024

1000

Advection vs. diffusion

- dwarfs: shallow potential, strong outflows dominated by advection
- Milky Way: deep potential, weak outflows dominated by diffusion

Milky Way

 $= 1/
ho \left|
abla P_{
m cr}
ight|$

(noise)

 $v_{z} \; (\rm km \; \rm s^{-1})$

(g cm⁻

 10^{1}

 10^{0}

10

 10^{-10}

 10^{-12}

 10^{-10}

100

50

-50

-100

 10^{-28}

Girichidis et al. 2024

1000

Connection to gamma rays

- Steady state vs. full spectrum Werhahn+ 2021abc, 2023
- Variations in Milky-Way models / Galactic center / Fermi bubbles Kjellgren et al. 2025

• spectral model: better fit to spectra

strong differences between energy ranges

Werhahn et al. 2023

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Werhahn et al. 2023

spectral CR electrons

- MHD sim of SN + electron tracers lacksquare
- spectrally resolved CR electrons in postprocessing

(Winner+PG+ 2019, 2020)

spectral CR electrons

- MHD sim of SN + electron tracers lacksquare
- spectrally resolved CR electrons in postprocessing

(Winner+PG+ 2019, 2020)

- MHD sim of SN + electron tracers
- processing

other spectrally resolved CR electrons

Yang+ 2017,2022

- **AGN-driven Fermi Bubbles** lacksquare
- investigate advection vs. cooling spectral shape and energy distribution

Ogrodnik+ 2021

full Fokker-Planck+MHD solver

Whittingham et al. 2025

- Cosmo. shock: synthetic radio emission
- observed B field strength differs from MHD

- Radio relics: Böss et al, 2023a,b
- shock properties, variations in spectral index

Primaries to secondaries example B/C ratio

- assume CRs are universally accelerated from ISM
- expect similar composition as in stars/ ISM (very abundant alpha elements!)
- but observed relative overabundance of light elements (e.g. B)
- B must be produced while travelling through ISM
- more $B \Rightarrow$ longer residence time in ISM

CRs with high E escape faster

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Secondaries in simulations example B/C ratio

 many species in steady state GALPROP Strong&Moskalenko 1998 ++++ (v57) DRAGON2 Evoli+2017,2018 PICARD Kissmann+2014

Hopkins et al. 2022

MHD cosmo. zoom

Baldacchino-Jordan+PG 2025

Take home points

CRs are important for outflows, details debated

- (1) new plasma transport models (complex)
- (2) live CR spectra in ISM & galaxy sims

proton spectra: different CGM / outflows

proton spectra: better fit to γ -ray obs.

• CR e^- + secondaries: B/C ratio, clocks

